

**THE TERRACE AT  
BRIGHTMORE**



**OCTOBER 2024**



**Assisted Living**

		Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
 <b>MORNING COMMERCIAL</b> Monday - Friday 8:45AM - Dining Room with Allison		<b>NATIONAL TACO DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Before Dinner Stroll 6:30PM: Prime Doc: Rick Steves Europe: S6 E1-Croatia	<b>POETRY DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard Games 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: BINGO 6:30PM: Prime Doc: Rick Steves Europe: S6 E2-Balkan	<b>NATIONAL BOYFRIEND DAY</b> 10:00-10:30AM:Snacks and Chat 11:00-12:00PM: Live Music with Todd-1st Floor 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: BINGO 6:30PM: Prime Doc: Rick Steves Europe: S6 E3-Slovenia	<b>WORLD SMILE DAY</b> 11:15-12:00PM: Trivia 2:30-3:30PM: Music Therapy with Kylie- 1st Floor 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Happy Hour 6:30PM: Residents Choice Movie	<b>NATIONAL GET FUNKY DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard Game- Independent Activiy 2:00-2:30PM: Balloon Tennis with Staff 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie:His Girl Friday
<b>NATIONAL ORANGE DAY</b> 10:00-10:30AM: Snacks and Chat 11:00-12:00PM: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 4:00-4:30PM: Balloon Tennis with Staff 6:30PM: Prime Doc: The Pyramid: -S1 E1	 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: BINGO 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:00-5:00PM: Pet Therapy with Christine and Hadley 6:30PM: Prime Doc: Rick Steves Europe-S6 E4-Granada	<b>NATIONAL PEANUT DAY</b> 10:00-11:00AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Assorted Nut Celebration Party 6:30PM: Prime Doc: Rick Steves Europe: S6 E5-Andalucia	<b>NATIONAL CUPCAKE DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM:Shopping Trip to Walgreens 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Cupcake Day Celebration Party 6:30PM: Prime Doc: Rick Steves Europe: S6 E6-Oslo	<b>NATIONAL ANGEL FOOD CAKE DAY</b> 10:45-11:45PM: Presentation with Roseanne-1st Floor 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 3:00-3:30PM: Live Music with Martha the Violinist 4:15-5:00PM: Before Dinner Stroll 6:30PM: Prime Doc: Rick Steves Europe: S6 E7-Copenhagen	10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Trivia 2:00-3:00PM: Art with Collavanni-1st Floor 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Happy Hour 6:30PM: Residents Choice Movie	<b>NATIONAL CHESS DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Before Lunch Stroll - Independent Activity 2:00-2:30PM: Beach Ball Talk and Toss with Staff 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: Psycho
 10:00-10:30AM: Snacks and Chat 11:00-12:00pm: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 3:30-4:00PM Shuffleboard - Independent Activity 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Doc: The Pyramid: -S1 E2	 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: BINGO 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:15-5:00PM:Before Dinner Stroll 6:30PM: Prime Doc: Rick Steves Europe: S6 E7-Norway	<b>NATIONAL CHEESE DAY</b>  10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Cheese and Cracker Celebration 6:30PM: Prime Doc: Rick Steves Europe S6 E8-Stockholm	<b>NATIONAL LUCY DAY</b> 11:00-12:00PM: Pet Therapy with Jean and Lola 1:30-2:30PM: Food Forum 2:30-3:30: Wellness Wednesday w/ Bayada 3:00-3:30PM: Spiritual Session: Chaplain Sam- 1st Floor 4:00-5:00PM: Coffee and Pastries with Blue Dot 6:30PM: I Love Lucy Marathan	 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard Games 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 2:30-3:30PM: Joy Ride with Allison 4:15-5:00PM: Trivia 6:30PM: Prime Doc: Rick Steves Europe S6 E9-Helsinki	<b>NATIONAL CHOCOLATE CUPCAKE DAY</b> 10:00-10:30AM: Snacks and Chat 11:30-12:00PM: McKenzie with Audibel Hearing 2:30-3:30PM: Pet Therapy with Kasia and Pepper 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Happy Hour 6:30PM: Residents Choice Movie	<b>NATIONAL SWEETEST DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Shuffleboard-Independent Activity 2:00-2:30PM: Bingo with Staff 3:00-4:00PM: Pet Therapy - Doug & Elle 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie:Scarlett Street
<b>NATIONAL FRUIT DAY</b> 10:00-10:30AM: Snacks and Chat 11:00-12:00pm: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 3:15-4:00PM Shuffleboard - Independnet Activity 4:00-4:30PM: Beach Ball Talk and Toss with Staff 6:30PM: Prime Doc: The Pyramid: S1 E3	<b>NATIONAL CHEESE CAKE DAY</b> 10:00-10:30PM: Snacks and Chat 11:15-12:00PM: Before Lunch Stroll 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:15-5:00PM: BINGO 6:30PM: Prime Doc: Rick Steves Europe: S6 E10-N Spain 	<b>NATIONAL NUTS DAY</b>  10:00-11:00AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00pm: Seated Exercise with Evin - IL Fitness Area 4:00-5:00PM: Arts and Crafts with Ardrey Kell HOSA Club 6:30PM: Prime Doc: Rick Steves Europe: S6 E10-Spain	<b>NATIONAL HORROR MOVIE DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM:Lunch Bunch to Margaritas 2:00-2:30PM Morgan w/ Fox Rehab-Wellness Wednesday - 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 3:30-4:45PM: Live Music with Ethan-1st Floor 6:30PM: Prime Doc: Mediterranean Escapes with Rick Steves	<b>NATIONAL BOLOGNE DAY</b> 10:00-10:30AM: Snacks and Chat 11:00-12:00PM:Resident Council Meeting 2:00-2:30PM: Bible Study with Calvary 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Before Dinner Stroll 6:30PM: Prime Doc: Hidden Italy	<b>NATIONAL BREADSTICK DAY</b>  10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Trivia 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:30-5:30PM: Sip and Pour with Sid 6:30PM: Residents Choice Movie	<b>NATIONAL PUMPKIN DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: Before Lunch Stroll - Independent Activity 2:00-2:45PM: Shuffleboard - Independent Activity 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: Penny Serenade 
<b>NATIONAL COFFEE DAY</b> 10:00-10:30AM: Snacks and Chat 11:00-12:00pm: Virtual Church Service 2:30-3:00PM: Sunday Hymns with Staff 4:15-5:00PM: Before Dinner Stroll - Independent Activity 6:30PM: Prime Movie: The Bishops Wife	<b>NATIONAL 1ST RESPONDERS DAY</b> 10:00-10:30AM: Snacks and Chat 11:15-12:00PM: BINGO 2:30-3:00PM: Seated Exercise with Evin-IL Fitness Area 4:15-5:00PM: Monthly Birthday Party 6:30PM: Prime Doc: The Coolest Places on Earth	<b>NATIONAL OATMEAL DAY</b> 10:00-11:00AM: Snacks and Chat 11:15-12:00PM: Brightmore Bowling League 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 4:15-5:00PM: Bobbing for Apples 6:30pm: Prime Doc: Hidden Turkey	<b>NATIONAL CANDY CORN DAY</b> 10:00-11:00AM: SNACKS AND CHAT 11:00-12:00pm: Pet Therapy with Jean and Lola 2:00-3:00PM: Arts and Crafts with Liberty 2:30-3:00PM: Seated Exercise with Evin-IL Fitness 6:30PM:Prime Doc: Hidden Italy	<b>HAPPY HALLOWEEN</b> 10:00-11:00PM: Trick or Treating with Leaf Springs Preschool 11:30-12:00PM: Shuffleboard Games 2:30-3:00PM: Seated Exercise with Evin - IL Fitness Area 2:30-3:30PM: Joy Ride with Allison 6:30PM: Prime Movie: Casablanca	<b>CALENDAR KEY</b> *ACTIVITIES ARE SUBJECT TO CHANGE **SPECIAL ACTIVITY ****BOLD ACTIVITIES ARE LEAD BY CNAS *****6:30 MOVIE SHOWINGS HELD IN LIVING ROOM ON BIG SCREEN-SNACKS PROVIDED	 <b>OCTOBER FUN FACT:</b> The 1st Jack O Lantern was carved out of a turnip! 